

MI Back Trainer

MD-FW52



- ▶ Offers the user 3 different and distinct angles to isolate and target muscles in the lower back (55°, 40°, and 25°)
- ▶ Large pads and skid-resistant foot platform for enhanced stability
- Band hooks Offer optional elastic training for increased resistance as the users range of motion increases

TECH SPECS

Overall Dimensions (L x W x H)	135.5 x 73.1 x 100.1 cm / 53.4" x 28.8" x 39.4"
Product Weight	58 kg / 128 lbs
Max. User Weight	182 kg / 400 lbs
Max Training Weight	45.4 kg / 100 lbs