

# Medical Leg Extension / Leg Curl

## MD-S711



- ▶ Class I Med CE certified for therapeutic, rehab and active-aging environments creating progression programs to build strength in the hamstrings and quads
- ▶ Smooth, gas-assisted vertical back pad adjustment includes 10-, 20-, 30- and 40-degree positions to provide options for clients with hip mobility restrictions
- ▶ Gas-assisted horizontal back pad adjustment offers seven positions to provide proper alignment for a range of body types and makes changing positions fluid and easy
- ▶ Unique seat pivot allows proper joint alignment with the machine's axis of rotation, creating optimal biomechanics in both directions
- ▶ Swing arm adjustment pivots the thigh pad out of the in-use area for users
- ▶ Thigh pad features gas-assisted adjustment to nine positions to provide comfortable use and swings smoothly out of the way for easy entry and exit
- ▶ Range-of-motion limiter restricts the stroke for isometric contractions and to protect clients from overextending
- 12 starting positions let medical professionals adjust the unit to accommodate a wide range of joint flexibility and physical limitations
- Large instructional placards provide clear instructions for adjustments, helping medical professionals understand all possible progressions and clients work independently
- Ankle pad adjusts to four positions to provide comfortable use for clients of different sizes
- Low starting weight of 4.5 kg / 10 lbs for the leg extension and 3.4 kg / 7.5 lbs for the leg curl helps injured or deconditioned clients get started and progress quickly
- Compact design combines a space-saving footprint with optimal biomechanics
- Optional incremental weight allows increases as small as 0.9 kg / 2 lbs to help clients of all ability levels see real progress
- Optional step stool helps those with physical limitations enter or exit the unit more easily and safely

### ADJUSTMENTS

Color coded pivots & points of adjustment	Yes
User adjustment range	12 user starting positions
Range limiter	Yes
Swing arm adjustment	Yes, pivots thigh pad away from user
Back pad horizontal adjustment	Yes, gas assisted, 7 positions
Back pad recline adjustment	Yes, gas assisted, 4 positions (10°, 20°, 30° and 45°)
Seat pivot adjustment	Yes, 2 positions to align knees with pivot when performing different exercises

Ankle pad adjustment	Yes, 4 positions
Thigh pad adjustment	Yes, gas assisted, 9 positions

## FRAME & CABLES

Frame color	Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium
Available upholstery color	Black, American Beauty Red
Frame finish	Proprietary two-coat powder process
Cable transmission	Internally lubricated cables & fittings
Machine anchoring	3

## TECH SPECS

Overall dimensions (L x W x H)	165.4 x 125.4 x 162.5 cm / 65.2" x 49.4 x 64"
Product weight	340 kg / 750 lbs
Max user weight	159 kg / 350 lbs
MED CE Compliant	Yes

## USER AMENITIES

Front placards	Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements
Placard color coding	Blue (lower body)
Operational decals	Adjustment locations and operation instruction; start and finish exercise illustrations
Rear placards	Color-coded machine identification & machine specific stretching
Personal storage	Storage Area
Contoured seat	Yes

## WEIGHT STACK

Weight stack	91 kg / 200 lbs
Incremental weight system	.9, 1.8, 2.7, 3.6 kg / 2, 4, 6, 8 lbs
Max training weight	94.6 kg / 208 lbs
Weight stack guarding	Full front and rear shields