

Ab / Low Back

VS-S531



- ▶ Angled seat and lumbar pad enhance user comfort and stability
- ▶ Handle positions enhance user stability
- ▶ Multi-position foot placement accommodates a variety of users
- Low handle positions offer easy entry and exit
- Clearly indicated adjustments for ease of use

ADJUSTMENTS

Color coded pivots & points of adjustment	Yes
User adjustment range	8 user start options

FRAME & CABLES

Frame color	Iced Silver
Frame finish	Proprietary two-coat powder process
Cable transmission	Internally lubricated cables & fittings
Machine anchoring	Machine anchoring locations

TECH SPECS

Product Weight (Standard Stack)	231 kg / 509 lbs.
Product Weight (Heavy Stack)	263 kg / 579 lbs.
Overall Dimensions (L x W x H)	132.2 x 131.5 x 167.1 cm / 52.1" x 51.8" x 65.8"

USER AMENITIES

Rear placards	Color-coded machine identification & machine specific stretching
Front placards	Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements
Placard color coding	Green (core)
Contoured seat	Yes

Personal storage	Bottle holder, storage area and towel holder (towel holder on rep counter only)
Rep counter	Electronic counter displays reps, exercise time and rest time & provides towel holder hook
Foot Support	Foot support accommodates users of all sizes for additional lower body support

WARRANTY

Frame and welds (not coatings)	10 years
Weight Stacks	5 years
Pulleys & Pivot Bearings	5 years
Other Items Not Specified	3 years
Labor	3 years
Upholstery/cables/grips/springs	1 year
Accessories	6 months
Air Filled Shock	90 days

WEIGHT STACK

Consistent stack height	Yes
Weight stack guarding	Full front and rear shields
Incremental weight system	5 lbs (2.3 kg)
Standard Stack	72.6 kg / 160 lbs.
Heavy Stack	104.3 kg / 230 lbs.